

# Member Newsletter



**Community Care Plan**

The Health Plan with a Heart

For More Information  
Go To [CCPcares.org](https://CCPcares.org)

Call Us At  
1-866-899-4828

Community Care Plan values your care.

If you have any concerns with your children's Physical, Occupational or Speech Therapy Services, please call Yvie Noel at 954-622-3272 or email [ynoel@CCPcares.org](mailto:ynoel@CCPcares.org).

For more information, visit [CCPcares.org/Members/Medicaid](https://CCPcares.org/Members/Medicaid)

Resources:  
Health Literacy Online | [health.gov](https://health.gov)

Make the Most of Your Child's Visit to the Doctor (Ages 1 to 4) - [MyHealthfinder](https://MyHealthfinder.org) | [health.gov](https://health.gov)

Adult Well-Care Visits, Screenings, and Immunizations | Kaiser Permanente

[Click Here to View Our Past Newsletters](#)

At Community Care Plan (CCP), it pays to stay healthy. CCP wants to help you manage your health better. That is why every two months, we have member newsletters. These newsletters talk about ways to take care of your health and your family. In our August edition, we talked about why you should see your Primary Care Provider every year. We also shared ways to make the most out of this visit. Did you miss that issue? Check it out here: [CCP Medicaid Member Newsletter - August 2022](#)

Did you know that Community Care Plan offers rewards to members who get their yearly well visit? We also offer rewards for other healthy habits. **CCP members can earn an Amazon gift card from \$10 to \$50.** The reward is based on the member's age and the activity completed.



Getting your yearly visit is just one way to earn a reward. Members who live with diabetes can earn extra rewards for taking steps to manage their health. **Any member who completes the following annual diabetic monitoring can earn an additional \$30 gift card:**

- Special blood test for sugar level (A1c),
- Urine test (eGFR and urine albumin creatinine ratio), **and**
- Dilated eye exam



Do you want to quit smoking, vaping, or using tobacco products? CCP can help. We work with the Area Health Education Center (AHEC) and Nova Southeastern University (NSU) to offer free tobacco cessation programs. Visit their webpage at [Tobacco Cessation Resources](#) to learn more. **Once you complete the program, send us a copy of your certificate and you can get a \$50 reward.** You will not only reward yourself, but you will breathe and feel better!



Finally, all new members and members with certain diagnoses are asked to complete a Health Risk Assessment (HRA). Your answers will be kept private. It helps us to better understand your health needs. We offer a reward for your completing the HRA. Your answers will help us find programs or special services for you. These are not just about health. We can help with housing, food, transportation and more.

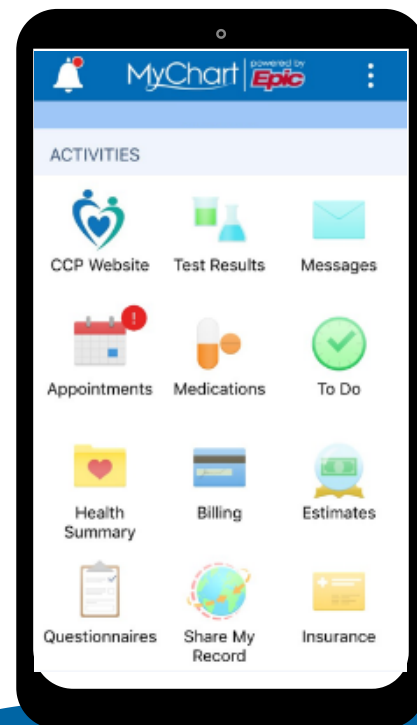
As a bonus, if you create an account on MyChart, CCP's secure member portal, you can earn an extra reward. MyChart has a lot of great benefits. You can:

- Complete the HRA,
- Get your ID card,
- Look up doctor claims, and more.

You can use MyChart anytime on the web. Or you can download the MyChart app on Google Play or the Apple Store. To see the complete list of Healthy Habits and rewards, visit [Healthy Rewards](#). You need to let us know when you have completed some of your rewards. Make sure to read the details.

To sign up for MyChart, visit [MyChart - Login Page](#). To get your sign up code, call our Member Services Department at 1-866-899-4828.

Be sure to make your appointments. Get any needed exams and tests for any CCP member in your family. Reward yourself for taking steps to a healthier you!



# Birth & Baby

Pregnant and new moms are very special to Community Care Plan. We want to make sure that pregnant moms get the quality care that they deserve. This will also help make sure your baby gets the best possible start in life.

We also have special healthy habit rewards for pregnant moms. Whether this is your first baby or not, prenatal care visits are vital. Most women have healthy pregnancies. Your provider will keep a close eye on you and your baby's health. During your pregnancy, your provider will order tests that can find any problems early. These visits and tests improve your chances of having a healthy baby.



On the first page, we talked about the Health Risk Assessment or HRA. All pregnant moms are asked to complete our HRA, even if you did one when you first joined our plan. This helps us know if you have any conditions or needs, such as food or housing that could put you and baby at risk. With our Birth, Baby, and Beyond program, we have nurses and social workers who can help. Completing the HRA also earns you a reward. Learn more at [Healthy Rewards](#).



**CCP offers a \$50 reward for our pregnant moms who get a prenatal visit during their first trimester, or 12 weeks of pregnancy.** If you are new to CCP, make sure to get a visit in the first six weeks on our plan. If you need help finding a provider, our Member Services department can help. Call at 1-866-899-4828. To get this reward, you must have both a prenatal and postpartum visit. **The postpartum visit is the follow-up exam that all women should have between three (3) and seven (7) weeks after the baby is born.**

Your provider can discover any health problems that could put you at risk. Don't skip this important visit!





Once you welcome your new baby into your family, your baby's primary care provider is your partner in making sure your baby is growing as expected. In the first 15 months of life, your baby should see the pediatrician or PCP at least seven (7) times. These visits are important to make sure your baby is growing, meeting milestones, and getting any needed shots or vaccines. It is important to know that these visits need to be well visits, not times where you take your baby for a specific symptom. **Taking your baby for at least seven (7) well visits before they turn 15 months old can earn you another \$50 reward.**

We know babies can be costly, so why not earn rewards while keeping yourself and baby healthy. Remember, you have to ask for some rewards, so be sure to read info using the Healthy Rewards link above. CCP is happy to be your partner in caring for you and your family!

